



Our successful Intensive Learn to Swim Camp for children is back for summer 2026!

Dear Parent/Carer,

We are delighted to let you know that this summer our week-long Learn to Swim Camp will be open to **all** children in P3-P7.

We want every child to feel welcome, supported and confident in the water. We are committed to providing an inclusive environment, and we encourage parents and carers to let us know about any additional needs or support their child may require so that we can do our best to help them take part safely and enjoyably.

We are committed to keeping camp costs as affordable as possible, with places available at just £40 per week. Thanks to funding from Sport NI, we are also able to offer heavily discounted places at £5 per week for children who are eligible for free school meals or other financial assistance.

We are also pleased to welcome more confident swimmers, giving them the opportunity to improve their technique further and develop a deeper understanding of water safety.

When: Monday 10th - Friday 14th August 2026

Session 1: 3.30pm - 4.30pm

Session 2: 4.30pm - 5.30pm

Where: Fivemiletown College, Youth Annexe swimming pool

Format of lessons: 30 minute Lesson focusing on Core Aquatic Skills, 10 minute snack break, 20 minute lesson focusing on Water Safety Skills.

Cost: £40 per week (£5 per week for discounted places).

About the lessons

Intensive swimming lessons offer numerous benefits, particularly for accelerating skill development, building confidence, and improving water safety. They allow for more frequent practice, leading to faster progress and the ability to move up to the next level of



swimming skill. This is particularly ideal for **Nervous Swimmers & Late Starters**, particularly children who missed out on swimming over the COVID period and now struggling with their confidence in water.

Swimmers will be in groups of 6 max, with a qualified teacher on poolside and a qualified teacher in the water with each group.

Places are limited and will be offered on a first-come first-served basis with priority given to non-swimmers and beginners, so if your child is in P3-P7 please complete this form as soon as possible to express your interest: [Aqua Skill Learn to Swim](#)

If you have any questions at all about our lessons, please feel free to email me at brenda@swimulster.com.

A bit about us..

Swim Ulster is part of the Swim Ireland family and is recognised by Sport NI as the governing body for aquatic sports in Ulster.

Swim Ulster's mission is to ensure that every child, regardless of background, has the opportunity to learn to swim, enjoy the water and build a foundation for a healthier, more active future.

We are committed to breaking down barriers to participation for children from low socio-economic backgrounds by providing accessible high quality swimming lessons that foster the core aquatic skills of safety and confidence in, on and through the water together with developing lifelong skills.